

**For an appointment, referral*
or more information, please call:**

**508-235-5285 ext. 1976
1-888-280-KIDS (toll-free)**

*Referrals can be made directly by victims and their families or by members of the medical, legal, mental health, education or law enforcement fields.

Youth Trauma Program

A service of the Fernandes Center
for Children & Families
Saint Anne's Hospital
795 Middle Street, Fall River, MA

Directions To Saint Anne's Hospital

From Providence, RI/points West
Rte I-195E to exit 5 (Rte 79N/Rte 138S). Bear left at fork to Rte 138 (N Tiverton). Bear right off exit onto Milliken Blvd. At light, go straight to the top of the hill. Bear right onto South Main St. Saint Anne's Hospital is on the left at the 1st set of traffic lights.

New Bedford, MA/points East
Rte I-195W to exit 5 (Rte 79N/Rte 138S). At exit, bear left. Follow signs for Rte 138S (N Tiverton). At 2nd set of traffic lights, go left (Middle St.). Follow Middle St. for one block to the 1st set of traffic lights. Saint Anne's Hospital is directly in front of you.

Newport, RI/points South
Rte 24N to I-195W to exit 5 (Rte 79N/Rte 138S). At exit 5, bear left. Follow signs for Rte 138S (N Tiverton). At 2nd set of traffic lights, go left (Middle St.). Follow Middle St. for one block to the 1st set of traffic lights. Saint Anne's Hospital is directly in front of you.

Taunton, MA/points North
Route 128 South or I-93 South to Route 24 South. Route 24 South to Fall River to I-195 West. Take Exit 7 (Plymouth Ave.) and follow to traffic lights at bottom of exit. Go left on Plymouth Ave. and follow for ½ mile to third set of traffic lights at top of hill (Lyon St.). Go right on Lyon St. and follow to stop sign (intersection with Second St.). Continue across intersection to Middle St. and follow Middle St., almost to traffic lights. Hospital entrances are on the left.

This program is partially supported by Massachusetts Office for Victim Assistance (MOVA) through a 1984 Victims of Crime Act (VOCA) grant from the Office of Victims of Crime, Office of Justice Programs, and the US Department of Justice. This grant allows the federal government to distribute funds to programs in each state in order to subsidize the cost of services to victims and their families.



Saint Anne's Hospital

A STEWARD FAMILY HOSPITAL

Steward

Youth Trauma Program

Services for Children
and their Families

STEWARD HEALTH CARE SYSTEM

Youth Trauma Program

The Youth Trauma Program provides evaluation and counseling services to child and adolescent victims of sexual abuse, physical abuse and other trauma, including loss of a loved one due to homicide, experiencing dating violence, or violence at home, among peers and in the community. Established in 1984, the program's mission is to assist children and families in dealing with the effects of trauma. The program reflects Saint Anne's Hospital's commitment to the diverse needs of the community and to the improvement of the physical and mental health of its population.

Professional services offered

- Individual counseling
- Family counseling
- Trauma assessments
- Extended Forensic Interviews
- Specialized counseling for children with developmental disabilities who have been maltreated
- Group counseling, including groups for:
 - Parents of children and adolescents who have been sexually abused
 - Children and adolescents who have been:
 - impacted by violence
 - sexually abused
 - impacted by bullying
- Crisis response to schools
- Community outreach and education

Who is eligible for services?

Children and adolescents, ages three through 21, and their non-offending parents and family

members are eligible.

How much do services cost?

Services are free. Our program is partially funded through a Victims of Crime Act (VOCA) grant. Saint Anne's Hospital has been chosen annually as the site to receive these funds for the treatment of victims of sexual abuse and violence who live in Southeastern Massachusetts.

About our staff

The Youth Trauma Program is staffed by a full-time clinical coordinator and specially trained, master's-prepared clinicians. Our staff are dedicated and committed to helping children and their families who have been traumatized. Staff are trained in the National Child Advocacy Center Extended Forensic Interview protocol for use with children when there is a question of sexual abuse. Program staff have expertise in evidence-based models of therapy to help you and your child on the path to recovery.

Common signs of trauma seen in children:

- Anxiety or fear
- Frequent memories of the event
- Reenacting the event in the child's play
- Nightmares
- Feelings of helplessness
- Lack of interest in activities they once enjoyed
- Difficulty concentrating
- Difficulty with sleep or eating habits
- Anger or irritability
- Hypervigilance or "jumpiness"
- Problems in social, behavioral or school functioning