

Geriatric Psychiatry Program

The 16-bed inpatient psychiatric unit provides comprehensive treatment in a specially designed setting. Located within Saint Anne's Hospital, the Geriatric Psychiatry Program can respond to medical conditions as well as address the psychological needs of older adult patients. This integrated approach enables the clinical team to determine the best course of treatment.

Admission

To make a referral or for more information, please call us toll free at:
877-GER-PSYC (877-437-7792).

Contacting Us

Our staff is available 24 hours a day. All information is kept strictly confidential.

Geriatric Psychiatry Program

Toll-free: 1-877-GER-PSYC
1-877-437-7992

Directions to Saint Anne's Hospital

From Providence, RI/points west

Route I-95 East to exit 5 (Route 79 north/Route 138 south). Bear left at fork to Route 138 (North Tiverton). Bear right off exit onto Milliken Boulevard. At light, go straight to the top of the hill. Bear right onto South Main Street. Saint Anne's Hospital is on the left at the first set of traffic lights.

New Bedford, MA/points east

Route I-95 West to exit 5 (Route 79 north/Route 138 South). At exit 5, bear left. Follow signs for Route 138 south (North Tiverton). At second set of traffic lights, go left (Middle Street). Follow Middle Street for one block to the first set of traffic lights. Saint Anne's Hospital is directly in front of you.

Newport, RI/points south

Route 24 north to I-95 West to exit 5 (Route 79 north/Route 138 South). At exit 5, bear left. Follow signs for Route 138 south (North Tiverton). At second set of traffic lights, go left (Middle Street). Follow Middle Street for one block to the first set of traffic lights. Saint Anne's Hospital is directly in front of you.

From Boston/Taunton, MA/points north

Route 128 or I-93 South to Route 24 South. Route 24 South to Fall River to I-95 West. Take Exit 7 (Plymouth Ave.) and follow to traffic lights at bottom of exit. Go left on Plymouth Ave. and follow for ½ mile to third set of traffic lights at top of hill (Lyon St.). Go right on Lyon St. and follow to stop sign (intersection with Second St.). Continue across intersection to Middle St. and follow Middle St., almost to traffic lights. Hospital entrances are on the left.

FREE VALET PARKING IS AVAILABLE

MONDAY-FRIDAY, 6 a.m.-7 p.m.

Main entrance (South Main Street) and Emergency Services entrance (Middle Street).

Saint Anne's Hospital

A STEWARD FAMILY HOSPITAL

Steward



Geriatric Psychiatry Program

For Admissions
1-877-GER-PSYC

Geriatric Psychiatry Program

One in five older adults in the United States will experience a psychiatric disorder. Contributing factors include: progressive physical decline; medical illness; neurological deficits and psychosocial stressors. The combination of medical and psychiatric conditions can make the evaluation, care and treatment of older individuals challenging. However, most emotional illness in older adults is treatable in the proper environment by professionals who understand the physical and psychological factors that affect elders. The Geriatric Psychiatry Program of Saint Anne's Hospital was created to address the special needs of elders, age 65 and older. The program provides comprehensive, multidisciplinary, professional inpatient treatment in a safe and comfortable environment.

The Multidisciplinary Team

The team of specially trained health care professionals experienced in addressing the complex mental health and physical needs of older adults includes:

- Board-certified psychiatrists
- Medical specialists (e.g., neurology, internal medicine, etc.)
- Neuropsychologists
- Nursing staff with geriatric/psychiatric/medical expertise
- Occupational therapists
- Clinical social workers
- Physical therapists
- Nutritionists

Comprehensive Assessment and Treatment

- Psychiatric evaluation
- Medical evaluation and management, including specialist consultations
- Medication adjustments
- Occupational therapy
- Nutritional consultation
- Individual and group therapy
- Patient and family education
- Discharge and aftercare planning

Indicators of serious psychiatric problems include:

- Anxiety
- Agitation/significant behavioral disturbances
- Depression
- Sudden onset of memory impairment and/or confusion
- Sleeping and eating disturbances
- Unrealistic fears
- Withdrawal
- Hearing or seeing things not present; bizarre thoughts

Going Home

The patient and family work with the treatment team to develop an appropriate discharge plan. This may include referral to appropriate community services and agencies. Some patients who are ready to leave the hospital may still require structured support to maintain the progress they have already made. For these patients, we offer two outpatient programs: The Partial Hospitalization Program and the Intensive Outpatient Program.



Outpatient Programs

The Partial Hospitalization Program offers a full-day, five-day-a-week program from 9:30 a.m. – 3:00 p.m. for adults ages 45 and older. It provides a daily structured comprehensive treatment program, including lunch and transportation for eligible patients. For patients who need similar services on a less frequent basis, we offer the Intensive Outpatient Program three days a week, three hours per day. Services for both programs include:

- Diagnostic evaluation
- Medication assessment and stabilization
- Individualized treatment planning
- Intensive psychotherapy
- Group therapy and support
- Patient and family education

To make a referral for the Partial Hospital or Intensive Outpatient Programs, or to schedule a free comprehensive assessment, please call 508-674-7000.