Holy Family Hospital
A STEWARD FAMILY HOSPITAL
Steward

Childbirth Education Registration Form

To register for any of Holy Family Hospital's Childbirth Education classes, please send this completed registration form, along with payment, to:

Holy Family Hospital
c/o Childbirth Education
70 East Street
Methuen, MA 01844

We recommend that you register by your sixth month. Registration and payment must be received prior to the start of classes. **Please complete ALL of the following information:**

First Name: Last Name:

Address: Apt. #: City: State: Zip:

Telephone number (home): (work):

Obstetrician/Nurse-Midwife:

Email Address *(so we may confirm your registration):*

Due date:

Please review the following pages for a list of our classes and the dates they are offered. Be sure to specify the class and the dates in the check-box areas provided.

Class	Please Specify Date(s)	Fee
Seven-Week Childbirth Education Package *Includes five 2-hour Lamaze classes and a Breastfeeding class* Lamaze classes meet Thursday evenings from 6 to 8 p.m. Breastfeeding class meets on Tuesday evening for one 2-hour session.	**Lamaze Class:** Feb. 6 to March 13 April 3 to May 8 June 5 to July 10 Sept. 11 to Oct. 16 Nov. 6 to Dec. 11 **Breast Feeding (BF):** Jan. 7 Feb. 4 March 11 April 8 May 20 June 10 July 22 August 5 Sept. 23 Oct 7 Nov. 25 Dec. 9	$125 per couple

Class	Please Specify Date(s)	Fee
Saturday Lamaze Childbirth Education Package *Includes a Lamaze class and a Breastfeeding class* Lamaze class meets Saturday from 9 a.m. to 5 p.m. a one 8-hour session. Breastfeeding class meets on a Tuesday evening for one 2-hour session.	Lamaze- January 18; BF- January 7 Lamaze- February 8; BF- February 4 Lamaze – March 22; BF – March 11 Lamaze – April 5; BF – April 8 Lamaze – May 17; BF – May 20 Lamaze – June 7; BF – June 10 Lamaze-July 19; BF- July 2 Lamaze-August 2; BF- Aug. 5 Lamaze-September 20; BF- September 23 Lamaze-October 4; BF- October 7 Lamaze- November 22; BF-November 25 Lamaze- December 6; BF- December 9	$125 per couple
Breastfeeding Class Our Breastfeeding class is a single two-hour session that meets on a Monday evening from 6-8 pm in the Holy Family Hospital Birthing Center Conference Room on the third floor. This class provides instruction and support in breastfeeding. Geared towards mothers who want to breastfeed and to those undecided, the class covers principles of breastfeeding, its benefits, weaning and the transition back to work.	January 7 February 4 March 11 April 8 May 20 June 10 July 22 August 5 September 23 October 7 November 25 December 9	$25 per person
Refresher Class	Please call for dates 978-687-0156 ex 2271	$40 per couple
Sibling Class	Please call for dates 978-687-0156 ex 2271	$20 per child

Class	Please Specify Date(s)	Fee
Cesarean Birth Class	Please call for dates 978-687-0156 ex 2271	$25 per couple
American Heart Association CPR for Family and Friends This class meets from 6:30 to 9:30 pm. Specific location provided upon registration. To insure the best possible learning environment, please do not bring children to the class.	January 13 February 10 March 10 April 14 May 12 June 16 July 14 August 11 September 15 October 13 November 10 December 8	$40 per person

THANK YOU!

We will notify you by phone or mail to confirm your registration and inform you of what you need to bring to class.